

# BONE DENSITY SCREENING



**LEVEL 1**

**LEVEL 2**

**LEVEL 3**

Union General Hospital is proud to be able to offer the latest in technology to our community. We continue to provide the latest in imaging technology, such as Dual-energy X-ray Absorptiometry or DEXA.

# UNION GENERAL HOSPITAL BONE DENSITY SCREENING

**UNION GENERAL HOSPITAL**  
~Large Enough to Serve, Small Enough to Care~



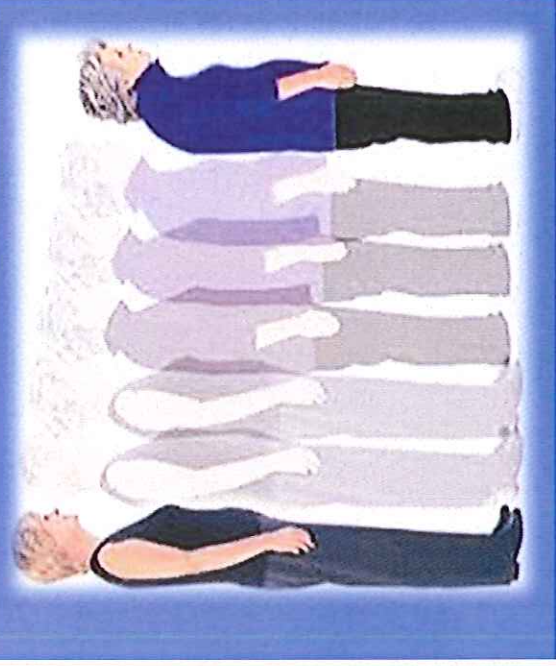
## APPOINTMENT

**DATE:** \_\_\_\_\_

**TIME:** \_\_\_\_\_

**HOURS: MONDAY - FRIDAY 8:00 A.M. - 5:00P.M.**

**Union General Hospital**  
901 James Avenue  
Farmerville, LA  
318-368-9751  
[www.uniongen.org](http://www.uniongen.org)



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## WHY DO I NEED A DEXA?

*As we age, the threat of bone fractures, osteoporosis and losing height become more of a reality. A simple painless radiology exam can detect these conditions early and in some cases prevent them from getting worse.*

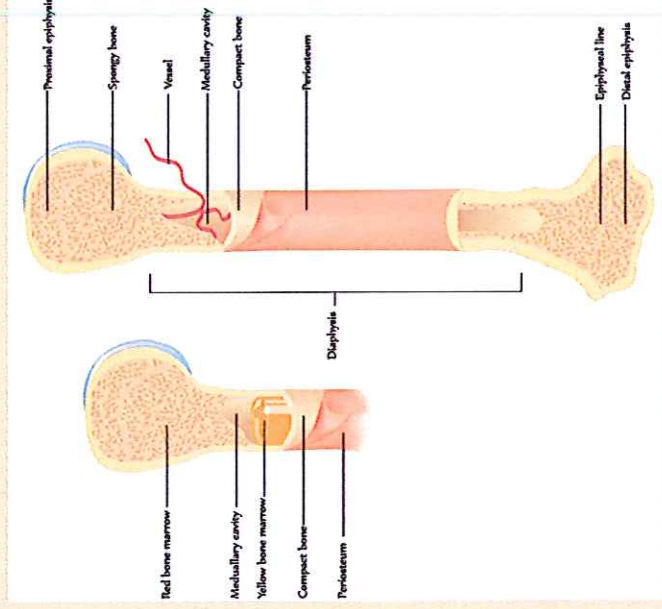
*DEXA-Scan measure bone density, which is directly related to bone strength. Doctors can predict the potential for fractures and osteoporosis through DEXA-Scan results.*



# Knowledge

## IS DEXA SAFE?

A DEXA-scan uses an extremely low dose of radiation and is considered safe for use on any age patient. It is so sensitive, it can detect as little as 1% bone loss in the spine, hips and extremities, usually the wrist. It is the gold standard of diagnosis bone mass instrumental in helping physicians find osteoporosis before a fracture occurs.



DEXA exams are done on an appointment basis at Union General Hospital. To schedule an appointment please call: 318-368-9751

## WHAT CAN I EXPECT?

A bone density scan is a simple, painless and non-invasive procedure. The appointment is approximately 15 minutes, but plan on being with us approximately 30 minutes.

During your DEXA-Scan, you will be asked to wear a comfortable two-piece outfit that has no metal buckles, buttons or zippers. You will be asked to lie on your back on a comfortable padded exam table. At some point your legs will be elevated. During your exam, an overhead arm which houses the camera will travel above your body to take the readings. It is most important that you lie completely still so that images are clear. You can breathe normally.

Remember, DEXA-Scan can diagnose osteoporosis in the early stages before broken bones can occur.

Don't take chances with your health. Prevent bone loss and have your bone density checked by a trained professional.

