

How safe are they?

Mammography has been used on millions of women for over 25 years. Like all X-rays, it involves limited exposure to radiation; but the amount required is small. Advances begun in 1987 in all areas of mammography have dramatically reduced the radiation dose.

I have breast implants. Can I still get a mammogram?

Most women with implants can have an excellent mammogram. Because of the additional views necessary in women with implants, these women should expect to have twice as many pictures taken of each breast. They should not be excluded from screening because of the implants. If you have implants, check with the technologists to be sure they are aware of the specialized techniques. Otherwise the exam may be inadequate. Also, advise the clinic that you have breast implants at the time of your booking, so extra time can be allowed for your examination.

How do I get a mammogram?

Call: 318-368-7072



"Thanks so much for your funding that is so vital for the breast health of our working uninsured patients. Union General Hospital literally cannot thank Susan G. Komen enough for partnering with us in providing for these mammograms. The peace of mind that our patients receive is literally priceless...Thank you again!"



FREE
MAMMOGRAMS
UNINSURED OR UNDERINSURED
40 YEARS AND OLDER
FOR MORE INFORMATION CALL
(318) 368-7072



Union General Hospital
in Partnership with
Susan G. Komen North Louisiana
serving Union Parish



Union General Hospital
901 James Avenue
Farmerville, LA
318-368-9751
www.uniongen.org

know

The facts about mammograms

What is a mammogram?

Mammography is a simple X-ray of the breast that can detect cancers so small that even the most experienced examiner cannot feel them. The examination itself uses X-rays to view the breast, usually from two angles. To get the most accurate picture possible in each X-ray, a special device gently squeezes the breast.

Although this may sound painful, it is only slightly uncomfortable and the length of time the breast is compressed is just a few seconds.

On the day of your exam, it is best to wear a two-piece outfit. It is also best not to wear lotions, powders or deodorant when you go for your mammogram, as these can interfere with mammographic image quality. And you will therefore be asked to remove them prior to your exam.

Who should get a mammogram?

Eventually, all women should get a mammogram. The American Cancer Society offers the following guidelines to women who are symptom-free:

- Women 20 and older should perform breast self-examinations every month.
- Women 20 to 39 should have a physical breast examination every three years, and women 40 and older should have one every year.
- Women 40 and older should have a mammogram every year, or more often for women at increased risk.

Women with personal or family histories of breast cancer should consult their doctors about the need for more frequent or earlier mammography.

It's a Treat to serve our community!

Union Parish: Together We Can Be Breast Cancer Free Screening Mammogram Program may be an ideal option for you or someone you know. It enables residents of Union Parish, who may currently have limited or no access to affordable breast screening, to receive a convenient, free mammogram.

ENROLL

1- The Program is available to assist eligible participants.

For more information call Union General Hospital at **318-368-7072**. If you meet the requirements. You will be asked to provide your contact information and to schedule an appointment for your mammogram at Union General Hospital at 901 James Avenue, Farmerville, LA 71241.

PREPARE

During the visit to Union General Hospital, each program participant must:

- Show proof of Union Parish residency.
- You must have your paperwork complete before registration.

Financial assistance for breast cancer treatment is not available through this Program.

When should I get a mammogram?

The facts are that the risk of breast cancer increases with age. So the older you get, the more chance you have of developing breast cancer. Unfortunately, the incidence of breast cancer is also increasing in younger women. That is why screening should begin at age 40 or earlier for women at increased risk.

How accurate is it?

Mammography has been used increasingly since 1960 and is constantly being improved. It is accurate about 90 percent of the time. And it's also why more and more doctors are using mammography to help diagnose breast cancer in its earliest, most treatable stages.