

### Summer - Fall 2022

"Providing Quality Service with Compassionate Care"

# THEPULSE

901 James Avenue, Farmerville, LA 71241 (318) 368-9751 www.uniongen.org

# Message from the Chief Executive Officer of Union General Hospital Evalyn Ormond, CEO

It is an honor beyond words, for me to lead this great organization and a privilege to be a part of an exceptional team of people who are passionate about providing the best care for patients.

Leadership is the humblest of service roles, and it is my sincere pleasure to serve our patients in the UGH family and beyond.

I thank you for having the confidence in UGH for, perhaps, the most important decision you will make - where to seek your health care.

Here at UGH, we are constantly growing and evolving to meet the needs of our dynamic community, and it is our vision to become the hospital of choice for patients, physicians, and employees in the area.

We feel a deep sense of commitment and pride to all those who place their trust in our care. We recognize our responsibility to provide you with the best health care available. staff and physicians take unwavering pride in our hospital and dedicate services. themselves to compassionate care. So when you or your loved ones need healthcare. vou can count on us! We are here when you need us.

The heart and soul of this organization is the people of Union General Hospital who give so much of their time and their talent to help those in need to overcome their individual obstacles.

It is the physicians, nurses and other care givers who each and every day blends the miracle of compassion with the marvel of technology to make a real difference in the lives of our patients.



(continued on page 3)

**Evalyn Ormond, CEO** 

### In This Issue A MESSAGE FROM EVALYN ORMOND, CEO **UGH HEROES** 4 5 **NEWS AND UPDATES COMMUNITY** 16 **BIRTHDATES** 41 PRAYER CORNER 43 50 RECIPE

Phreesia

THE NATION'S LEADER

IN PATIENT INTAKE

#### Check In on Your Device

Before Your Visit or When You Arrive!















Did you know you can register for your appointment before you walk through our Union General Rural Clinic door? We now offer mobile registration, which allows you to confirm your appointment via text message or e-mail, and check in online prior to your appointment. Just make sure we have your current e-mail/cell phone number on file and you can register whenever it's most convenient for you!

UNION GENERAL RURAL HEALTH CLINIC 1025 Marion Hwy, Farmerville, LA 71241 (318) 368-9745 www.uniongen.org

**The Pulse** is also available on the Union General Hospital website <a href="www.uniongen.org">www.uniongen.org</a> and is published quarterly for staff and friends. News and other information may be submitted to Claudia Wade <a href="cwade@uniongen.org">cwade@uniongen.org</a>. Your comments and recommendations for improvement of this publication are welcomed.

We are committed to earning the trust and faith you place in us and we are honored to be able to participate in your healthcare and while we take pride in what we have accomplished, we remain resolute in our focus to addressing the future healthcare needs of our community.

Thank you for your continued support,

Evalyn Ormond, CEO Union General Hospital





#### **UNION GENERAL HOSPITAL HEROES**

Want to nominate a healthcare hero-someone who has gone above and beyond their own job?

Send nominations to Julie Duty, jduty@uniongen.org

### **OUR HEROES!**

## Betty Batterton, Medical Records

I could not do my job without her willingness to help (she's also an excellent teacher). She never complains about helping me or anyone else.

## Evelyn Andrews, Rural Health Clinic

Evelyn took a patient home for us and the patient said he didn't have air conditioner or even a fan at home. Evelyn saw where town hall was giving away fans and went and got the patient a fan and brought it to his house!

(3) Way above and beyond!



### **News and Updates**



**Wendi Hollis- Dietary Brie Rowley – Business Office Linda Taylor- Admin Lisa Murphy- Greeter** Susan Holman- Greeter **Allison Wilson- Nursing Shateyia Hatter- Dietary** Yevette Island- Nursing James Kyle- Greeter **Jennifer Thomas-Nursing Courtney Long- Nursing Elizabeth Almond-Nursing** Erin Griffin-RHC NP **Nicole Levingston-Nursing** Kim Barr-Nursing Katelyn Terral-ER

## It's a Boy!

### Congratulations Mackenzie Colvin



June 29, 2022 10:00 A.M. 8 Pounds 2 Ounces 20 Inches





## Denver James

# It's a Girl!

### Congratulations Brad and Sarah Adcock



July 5, 2022

1:12 PM

20 1/4 Inches



# Addie Mae



# 2022 CONGRATULATIONS GRADUATES HOSPITAL



Avery Wildbanks
Kindergarten
D'Arboone Woods Charter School
Grandmother:
Jan Rocket, Housekeeping



Kinley Kimmerling Kindergarten D'Arboone Woods Charter School Mother: Kourtney Kimmerling, RHC



Emersyn Colvin Kindergarten D'Arboone Woods Charter School Mother: Mackenzie Colvin, Nursing





KRISTIAN BATTERTON

Choudrant High School Mother: Betty Batterton, Medical Records



# 2022 CONGRATULATIONS GRADUATES



Jalia Andrews
Union Parish High School
Grandmother:
Evelyn Andrews, RHC



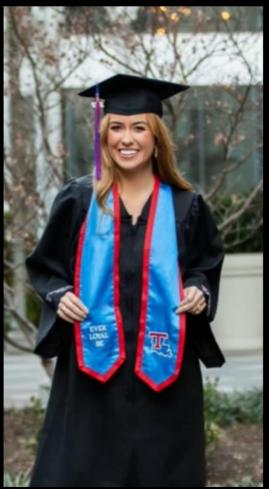


Kesynce Brewster-Daniel Junction City High School Mother: Komocka Brewster, RHC

# 2022 CONGRATULATIONS GRADUATES







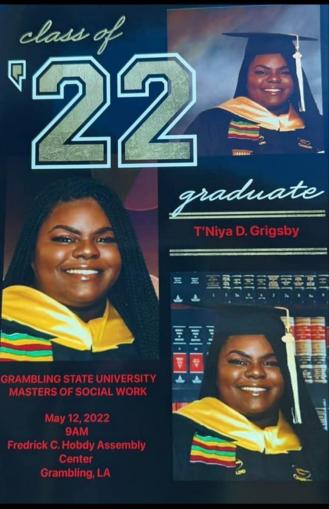
Olivia Kelly
High School
D'Arbonne Woods Charter School
Mother:
Christy Kelly, Respiratory
Therapist

Landon Taylor Millsap
Bachelor's Degree, Magna Cum
Laude in Finance
Louisiana Tech University



# CONGRATULATIONS GRADUATES









Karina Rodriguez Choudrant High School







# UNION PARISH CHAMBER OF COMMERCE ANNUAL AWARDS BANQUET

Left to right: William Adcock, CFO, Claudia Wade, DCD, Dr. Clayton Branton, Dianne Davidson, COO, Lynette Wade, NP, Erin Griffin, NP



## **Union General Hospital Wins Gold and Silver Aster Awards**

Farmerville, LA, July, 2022. Evalyn Ormond, CEO of Union General Hospital is proud to announce that Claudia Wade, Director of Community Development and Grant Management for Union General Hospital is proud to have earned two Gold and one Silver Aster Awards for the hospital in the Hospital under 75 beds group for marketing and communications materials created in 2021. The Aster Awards by Creative Images honor "excellence in healthcare advertising" nationally and internationally.

Claudia won awards in the categories of Physician Directory, Telemedicine and Service Line – Rehab Services. "It's incredibly important for us as a critical access hospital to present best-in-class marketing materials, as they instill confidence with patients,

caregivers and community partners," said Claudia Wade. "We provide quality service with compassionate care. I'm proud to say that we tell that story in an award-winning fashion through the excellent materials we write, design and publish."

The Aster Awards is one of the largest and most respected national/international competitions of its kind. This elite program has recognized outstanding healthcare professionals for excellence in their advertising & marketing efforts for over 20 years.

The 2022 Aster Awards received entries from across the entire United States as well as abroad. All entries are reviewed by a panel of industry experts and are scored on multiple criteria with a possibility of 100 percent. Participant's entries compete against similar-sized organizations in their specific groups and categories.

All awards were issued for entries that received top marks from judges placing them in the top 16% of the nation for advertising excellence. Judging criteria included creativity, layout and design, functionality, message effectiveness, production quality and overall appeal and execution.

"Many agencies and organizations continued to step up and offered incredible communications that were both informative and creative. We've all had Covid touch our lives and are looking forward to a much brighter future together. Our hats off to everyone for amazing entries," said Melinda Lucas, Aster Awards Program Coordinator.

All winners are currently posted on the Aster Awards website: (www.asterawards.com/winners).

CONTACT: Claudia Wade <a href="mailto:cwade@uniongen.org">cwade@uniongen.org</a> 318-368-7075

## **COMMUNITY**



# It's a Girl Thing Making Proud Choices 2022 Scholarship Recipient



Proud of UPHS Senior, Madisyn Andrews, 2022 recipient of the \$1,000 Union General Hospital It's a Girl Thing, Making Proud Choices Scholarship. Madisyn joined our program when she was in middle school, finishing her Senior Year with a 3.9 GPA, ranking #5 in the Top 10 of her class, ACT AWARD for Score above 18... Scored 20 and UPHS Dual Enrollment, 18 Hours in college courses. "Destiny is not a matter of chance, it is a matter of CHOICE, it is not a thing to be waited for, it is a thing to be achieve." We see GREAT things in Madisyn's future. CONGRATULATIONS!

It's a Girl Thing, Making Proud Choices was established by Union General Hospital in 2013. The program provides information to teen girls for use of tools to guide a process of understanding the importance of self-worth and setting goals in life. We have open enrollment all year around. Visit our website and download the IAGT Enrollment Packet <a href="https://www.uniongen.org/community/">www.uniongen.org/community/</a>

# Madisyn Andres How has It's a Girl Thing, Making Proud Choices shaped me?

It's a Girl Thing has played a major role in the young lady I am today. Under the guidance of Ms. Jiame Brown, Mrs. Claudia Wade, and many guest speakers, I have learned so many things that I use now and will carry with me through life. This organization has molded me into the person I am today and has given me many valuable tools that will help me achieve anything I set out to do. I began It's a Girl Thing in middle school, and throughout these many years it has made a huge impact on my life. I have been given the chance to listen to numerous guest speakers that have spoken with us on their life experiences that have opened my eyes to many things that go on in the real world.

After being a part of this program for many years, I have learned that it is a very valuable asset to a young lady. Learning new things about myself mentally, physically, and emotionally that I may not have ever learned without this program. This organization has taught me how important it is to have someone to look up to and turn to for guidance and advice. Now that I am a senior in high school, I get to look back at all I have learned and continue to use everything I've been taught to act as a mentor for younger girls. As I now sit in meetings as an upperclassman, I take into consideration everything I've been taught, therefore I can be someone that can be looked up to and maybe even a mentor. Not only have these ladies helped mold the young lady I am today, they have not only taught me but showed me the real definition of a successful mentor. While being great mentors, Mrs. Claudia and Mrs. Jiame have always made learning fun and interesting in

every meeting. Being able to play games and hear many real-life stories all in 2 hours, while learning at the same time is something that I have truly enjoyed over the years. Why Positive Self-Talk?





Congratulations to our IAGT Gabrielle Simmons for winning the Miss Junior Juneteenth Pageant on June 10th in Grambling. Gabrielle also won best talent and best in overall categories. All our It's a Girl Thing Girls (Union & Lincoln) are doing great things!!! We are very proud of all of them. Thank you Ms. Wanda Simmons, First Lady of Saint Rest Baptist Church in Choudrant for providing transportation and bringing the girls to IAGT monthly meetings at





Congratulations to our It's a Girl Thing, Making Proud Choices program member Monica Samaniego and her family on her First Holy Communion. We pray that the Lord Jesus will be your sole source of hope and salvation as you continue to walk in the faith.



Union General Hospital It's a Girl Thing, Making Proud Choices program member Melissa Alvarez was chosen by the Union Fraternal Lodge 53, F&AM as one of the students to receive the Masonic Honesty and Integrity Award presented each year to a deserving young person. The Lodge believes that the qualifications necessary for a young person to receive this award is a direct reflection of the teachings of the parents. CONGRATULATIONS





### Community Service Annual Awards Banquet





# Union General Rural Health Clinic COVID-19 test distribution program.







rage | Zo





Michele Wood with Southern Couture Tee Company donated 5 boxes of women's slippers to Union General Hospital today for us to give to our patients Thank you so much! In the picture from left to right: Darra Jung, Director of Nurses, Michele Wood, Southern Couture and Jessie McLelland, Case Manager





The Farmerville City Reserves received a monetary donation from Union General Hospital to their City Reserve Division. The donations will go toward buying them summer uniforms to wear while on duty in the extreme Shown heat. are Reserve Coordinator Division Cade and Union Nolan General **Hospital Director of Community** Development and Management Claudia Wade.



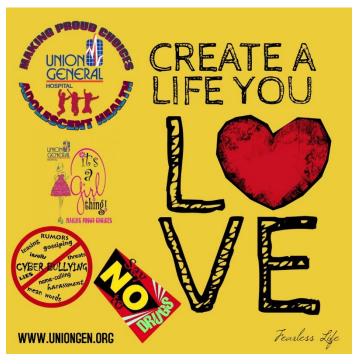
QUESTIONS AND/OR CONCERNS- CONTACT PRIVACY OFFICER-JULIE DUTY-COMPLIANCE

OFFICER 318-368-7077 jduty@uniongen.org





Union General Hospital would like to thank the Union Parish Chamber of Commerce for the grant received. The funds will go toward the purchse of Lymphedema Bandaging Kits for cancer patients receiving Lymphedema Treatment at Union General Therapy Department.



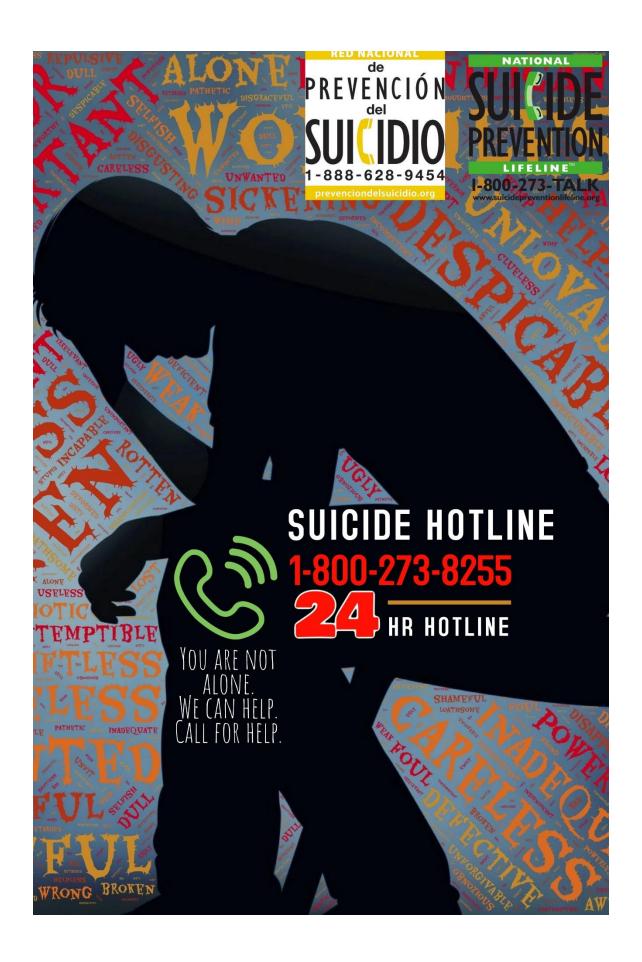
### September

#### Sexual Health Awareness Month

The topics offered through the hospital's Adolescent Health Programs include Sexual Health. We want our children to learn the facts about sexual health. The topics included in our classes are puberty, menstruation, infections, and just about everything teen boys and girls need to know.

**September is National Suicide Prevention Month**. All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.









# FREE COMMUNITY NUTRITION WORKSHOP

THURSDAYS
JULY 7, AUGUST 4 & 25 AND
SEPTEMBER 22, 2022
2PM @ UNION GENERAL HOSPITAL
EDUCATION BUILDING

# THE NUTRITION WORKSHOPS ARE FREE TO THE COMMUNITY BRING YOUR FRIENDS

Hosted by: Markaye Russell Area Education Agent LSUAg

> Hosted by: Brittany Smith, RDN, LDN, MS Registered Dietitian and Food Service Director Union General Hospital

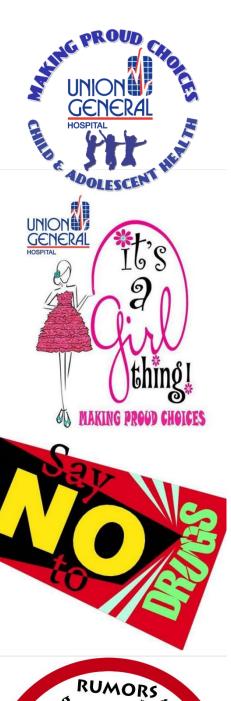


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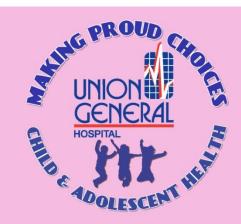
Left to right: Claudia Wade, Director of Community Development and Grant Management, Gary Jackson, Principal UPFES















# TEEN HEALTH AND WELLNESS

### Real Life, Real Answers

Monday, July 25, August 29, September 26 2022 5-7pm

UNION GENERAL HOSPITAL EDUCATION BUILDING

LOTS OF FUN, DOOR PRIZES

GIRLS 6TH -12 GRADE NEED PARENT OR GUARDIAN CONSENT TO ATTEND

901 James Avenue, Farmerville, LA 71241 (318) 368-7075

www.uniongen.org





RURAL HEALTH **CLINIC** D PROGRAM

- **Child Wellness Exams**
- **Immunizations**
- **Developmental Screenings**
- **Nutrition Assessment**
- **Dental Assessment**
- Vision & Hearing Exams
- **Blood & Urine Checks**
- **Health Education**



For Medicaid eligible children ages 0-21

1025 Marion Hwy Farmerville, LA 71241 (318) 368-9745 www.uniongen.org

## 3D DIGITAL MAMMOGRAPHY AT UNION GENERAL HOSPITAL





#### Radiology Department

(318) 368-9751 \* www.uniongen.org 901 James Avenue Farmerville, LA 71241 DOCTOR'S ORDER IS REQUIRED





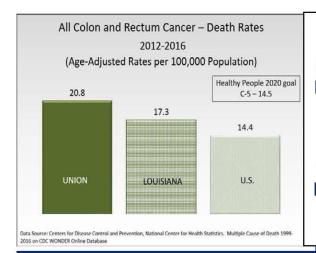
# COLORECTAL CANCER SCREENING AND EDUCATION PROGRAM FREE AT-HOME TEST

#### **COLORECTAL CANCER SCREENING SAVES LIVES**

CALL UNION GENERAL HOSPITAL LAB OR CLAUDIA WADE FOR YOUR

FREE AT-HOME TEST LAB: 318-368-7080

CLAUDIA WADE: 318-368-7075 cwade@uniongen.org



Colorectal cancer screening provides early detection. Colorectal polyps may be removed before they become cancerous.

The death rate in **Union Parish** from colon and rectum cancer was higher than the State and U.S. rates for the years 2012-2016.

## Screening for Colorectal Cancer It's the Right Choice

**Providing Quality Service With Compassionate Care** 



901 James Avenue Farmerville, LA 71241 Phone: 318-368-9751

E-mail Address: cwade@uniongen.org

www.uniongen.org

By Claudia Wade



#### July

Evelyn Andrews	07/09
Jessica Bankston	07/08
Cassandra Collins	07/21
Holly Farris	07/12
Jenequa L Jones	07/28
Maria A Furlough	07/10

#### August

William Adcock	08/27
Anita Allen	08/17
Renee Barnes	08/25
Alicia Cain	08/02
Mackenzie Colvin	08/08
Yvette Island	08/10
Maja Lewis	08/18
Courtney Long	08/12
Emily Love	08/17
Sara L Mason	08/31
Pam Mason	08/22
Cally Miller	08/15
Lisa Murphy	08/23
Maureen Nobles	08/13
Taylor Smith	08/28
Shana M Taylor	08/02

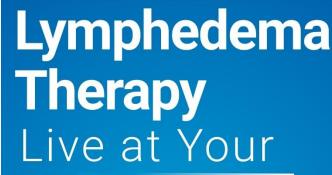
### September

Tamarion Braggs Sue D Cash Julie Duty Pamela Hunter Ronkeisja Joiner Shelli Neal Katelynn Oliver Martika Owens Carrie Perry Marquita Pitts	09/28 09/10 09/02 09/14 09/04 09/30 09/17 09/17 09/02 09/04
_	
Martika Owens	09/17
Carrie Perry	09/02
Marquita Pitts	09/04
Juanita Sanford	09/16
Rosanne Snyder	09/24
LaTonya Stringfellow	09/07
Shannon Ward	09/28
Jennifer Yelton	09/16









#### PHYSICAL BEST

@ Union General Hospital Outpatient Therapy Clinic

#### **Treatment**

- ✓ Compression Bandaging
- ✓ Manual Lymph Drainage
- ✓ Compression Garments
- ✓ Meticulous Skin Care and Hygiene
- ✓ Patient and Caregiver Education
- ✓ Remedial Exercises



**BOOK A SESSION NOW!** 

318.368.7092

When your first appointment is booked, you've taken the first step to improve your quality of life.

Your dedicated therapist will get to know your story during your very first visit, ensuring we understand your medical history, and the goals you're setting for your future.



www.uniongen.org



901 James Avenue, Farmerville, LA 71241

# THE POWER OF PRAYER

The power of prayer is the power of God. Our prayers move the heart and hand of God.

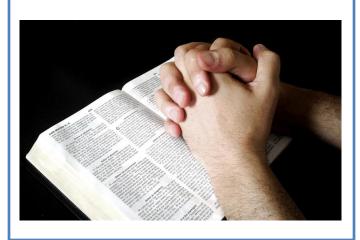
Since God is all-powerful, there is no limit as to what prayer can do.

Jeremiah 32:17 "Ah Lord God! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee:"

**Jeremiah 33:3** "Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not."

God is able to answer our prayers beyond our imagination! His power exceeds our capacity to ask or think.

**Ephesians 3:20** "Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,"









#### **AVAILABLE TO QUALIFYING PATIENTS**

Pain relief for the patient is our first priority. Dry needling is a technique physical therapist use for the treatment of pain and movement impairments. The technique uses a "dry" needle, one without medication or injection, inserted through the skin into areas of the muscle.

#### NEED DOCTOR'S ORDER FOR PHYSICAL THERAPY

Dry needling is not acupunture, a practice baased on traditional Chinese medicine and performed by acupuncturists. Dry needling is a part of modern Western medicine principles, and supported by research



#### CALL US TODAY (318) 368-7092

Made with PosterMyWall com 901 James Avenue, Farmerville, LA 71241 - www.uniongen.org



## UNION Rural Health Clinic (318) 368-9745

# CCINATE

Vaccines Available!



1025 Marion Hwy. Farmerville, LA 71241

Open 8am - 5pm Monday - Friday www.uniongen.org



#### HANDWRITING MATTERS



#### EARLY INTERVENTION AND SCHOOL READINESS PROGRAM

#### **WE OFFER:**

- MULTI SENSORY INSTRUCTION
- A HANDS ON APPROACH
- DEVELOPMENTAL
   SEQUENCED SCHOOL-BASED
   CURRICULUM

WHO: Pre-K through 3rd grade students

## PEDIATRIC OUTPATIENT THERAPY UNION GENERAL HOSPITAL

**901 James Avenue** Farmerville, LA 71241

CALL TODAY! 318-368-7092

# SKILLED NURSING SHORT-TERM REHABILITATION PROGRAM



UNION GENERAL

HOSPITAL

Providing Quality Service with Compassionate Care



#### **CONTACT INFO**

Jessie McLelland, RN Case Manager 318 368 6503

Tammi Anderson, LPN Nursing Servicews 318 368 9751 ext. 7356

Darra Jung, RN, CCRN

<u>Director of Nurses</u>

#### **KEY FEATURES**

- 24-hour RN
- 24-hour physician staffed emergency room
- Physical, occupational, speech and respiratory therapist 5-7 days a week based on your needs
- Daily physician visit
- On-site lab and radiology
- Registered dietician

www.uniongen.org



Visit Can Happen Via Computer, Tablet and Smartphone that Has a Camera attached



FOR MORE INFORMATION: (318) 368-9745 WWW.UNIONGEN.ORG

#### STRAWBERRY GALETTE



• Author: Sam Hu | Ahead of Thyme

Total Time: 35 minutes

Yield: 3-4 servings

Cuisine: French

Easier than pie, this strawberry galette with a buttery flaky crust and a sweet and tart strawberry filling is a beautiful treat to serve this berry season.

- 1 single 9-inch pie crust, homemade or store-bought
- 2 cups fresh **strawberries**, hulled and sliced
- Tablespoon granulated sugar
- T tablespoon **lemon juice**
- 1/2 teaspoon lemon zest
- $\blacksquare$  1 beaten **egg** (for egg wash)
- $\square$  1 teaspoon **brown sugar**
- vanilla ice cream optional for serving

#### **NSTRUCTIONS**

- 1. Preheat oven to 400 F.
- 2. Prepare a single batch of <u>pie dough</u> and transfer to a lightly floured surface. Use a <u>rolling pin</u> to roll it into a round 10-inch circle. If using a 9-inch store-bought pie crust, let it defrost for 20 minutes and roll it out slightly to 10-inches.

- 3. In a medium <u>mixing bowl</u>, combine strawberries, sugar, lemon juice, lemon zest and cornstarch. Toss well to combine. Add the strawberry filling onto the center of the rolled-out pie dough, leaving a 2-inch border around the edges.
- 4. Fold up the edges over the filling, all the way around. Carefully transfer the galette onto a parchment-lined <u>quarter sheet baking pan</u>. Apply egg wash over the folded over edges and sprinkle with brown sugar.
- 5. Bake for 25 minutes until the crust turns golden brown. Let rest for 15 minutes then slice and serve warm with <u>vanilla ice cream</u>, if desired.

**How to store:** Store any leftover galettes at room temperature, either wrapped in <u>plastic cling wrap</u> or inside an <u>airtight container</u> for up to 2 days. Be sure to let them cool down before wrapping. You can also store in the refrigerator for up to 5 days in an <u>airtight container</u>. The galette will become a little soggy the longer it is stored.

**How to reheat**: For the best results, reheat in a 300 F preheated oven or <u>air fryer</u> for 5-10 minutes until warmed through. You can also reheat in the microwave but the crust will not be as crispy.

