# MENTAL HEALTH INTENSIVE OUTPATIENT PROGRAM



## **Program Benefits:**

The Mental Health Intensive Outpatient Program at Union General Hospital provides a multidisciplinary approach to patient assessment, evaluation, and mental health treatment. It is available to eligible Medicare patients.

Our medically supervised program provides the services of physicians, nurses, social workers, and other trained professionals who are experienced in improving the quality of life for those in need. And helping those individuals return to maximum functioning in their daily lives.





"HELPING YOU TO BE THE BEST YOU...ONE DAY AT A TIME"



Mental Health Intensive Outpatient Program

761 James Avenue Farmerville, LA 71241 Tel: (318) 368-4748 Mental Health Intensive Outpatient Program



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www.uniongen.org

The Mental Health Intensive Outpatient Program (IOP) is an outpatient department of Union General Hospital.

Licensed Mental Health Professionals provide individual, group, and family therapy based on an individualized treatment plan under the supervision of a Board-Certified Psychiatrist. The program is operated four days per week, Monday-Thursday.



The IOP provides a relaxed, comfortable setting where patients are encouraged to participate in group psychotherapy to promote achievement in their individualized treatment goals.

# THE MENTAL HEALTH INTENSIVE OUTPATIENT PROGRAM HELPS PEOPLE

#### WITH:

- Stress
- Anger
- Coping with illness
- Depression
- Psychiatric disorders
- The coping process
- Compliance with medications
- Understanding the grieving process
- Families understanding and coping with the disease process
- Coping with new or altered physical appearance
- Alternatives for pain relief
- Impaired judgment
- Anxiety
- Daily life stressors
- Enhanced self-confidence
- Independence

# THERAPY SERVICES PROVIDED:

- Group sessions
- Individual sessions
- Telehealth sessions-via phone

#### THE MENTAL HEALTH INTENSIVE OUTPATIENT PROGRAM IS AVAILABLE TO ALL ELIGIBLE EDICARE PATIENTS.

# WHEN TO SEEK TREATMENT

Seek outside help when your symptoms become overwhelming or interfere with daily functioning or relationships.

Union General Hospital Mental Health Intensive Outpatient Program provides confidential, therapeutic guidance and counseling to people who need help in dealing with life issues or other mental health concerns.

#### TRANSPORTATION IS AVAILABLE FOR SERVICES

### **Treatment Providers**

- Board Certified
  Psychiatrist
- Licensed Professional Counselor
- Registered Nurses
- Psychiatric Technicians

#### **ADMISSION TO PROGRAM**

Life can be more enjoyable. Call 318-368-4748 today for a free, confidential assessment. All referrals and assessments are confidential. Talk to your doctor.