

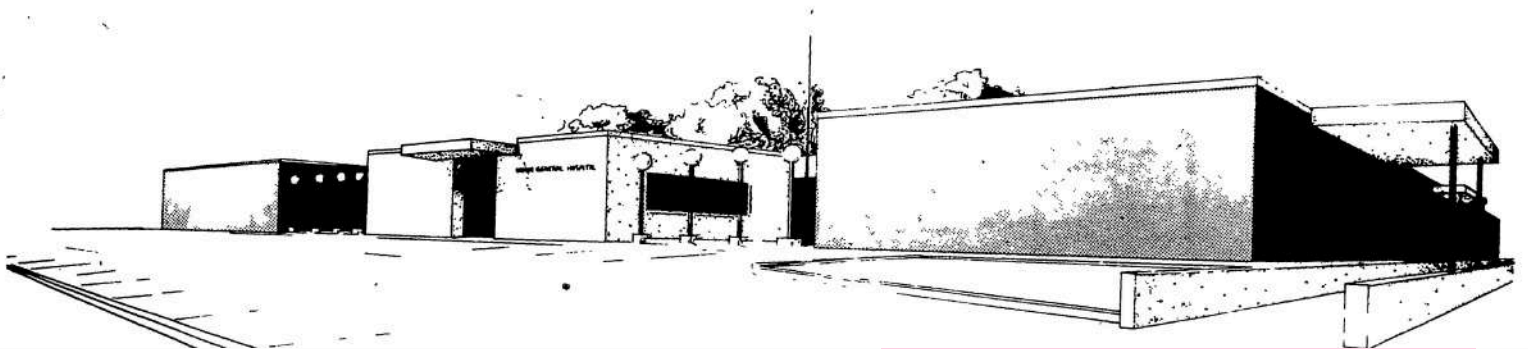


THE PULSE

Providing Quality Service With Compassionate Care

50 years of Heart, Hope, & Healing

UNION GENERAL HOSPITAL



MESSAGE FROM THE CEO

by Dianne Davidson, CEO

Dear Union General Family and Community,

This year marks a golden milestone in our hospital's journey, Union General Hospital is proudly celebrating its 50th anniversary. Since we first opened our doors in 1975, our mission has remained rooted in the same foundational principles: delivering high-quality, compassionate care to the people of Union Parish and beyond.

Looking back at our beginnings, Union General Hospital was built to meet the needs of a growing rural community that lacked adequate access to healthcare. In those early years, we started with just a handful of physicians and dedicated staff members, but with an abundance of heart and determination. With limited resources but unlimited passion, we quickly became a vital lifeline for residents across the parish.

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IOP GARDEN CART

IN THE COMMUNITY

**UNION GENERAL
FOUNDATION**

**CELEBRATING 50 YEARS OF
SERVICE TO UNION PARISH**

EMPLOYEE BIRTHDAYS

RECIPE

HEALTH AWARENESS

Over the decades, we've grown from a small rural facility into a fully licensed 20-bed Critical Access Hospital, complete with a Rural Health Clinic, Emergency Room, Outpatient Services, Imaging, and a wide range of specialty care services. We've responded to the evolving needs of our patients by embracing innovation and forming strong community partnerships.

Among the many highlights of our legacy is our unwavering commitment to community health programs. From our nationally recognized adolescent health initiative, "It's a Girl Thing: Making Proud Choices," to our ongoing outreach and service, our work has always extended far beyond the walls of the hospital. We've taken health education and prevention directly into schools, churches, and community centers—empowering the next generation with knowledge, confidence, and support. These efforts have led to measurable decreases in teen pregnancies and STIs, earning recognition at both the state and national levels.

Throughout our 50 years, we've leaned on the incredible strength of our people, our physicians, nurses, administrators, support staff, volunteers, and community partners. Their dedication and resilience have seen us through natural disasters, public health crises like COVID-19, and countless moments of transformation and growth. Without their tireless service, our journey would not be what it is today.

We also pause to honor those whose contributions are now part of our legacy, including beloved members of our team who are no longer with us. Their memory lives on in the work we continue to do each day.

As we look toward the future, we remain committed to expanding services, adopting new technology, recruiting exceptional medical professionals, and continuing to earn the trust you've placed in us for half a century.

Fifty years of healing. Fifty years of hope. Fifty years of heart. And we're just getting started.

Thank you for being part of our story. Whether you're a patient, an employee, a board member, or a community partner, you have helped build this legacy. Here's to the next 50 years of Union General Hospital.

With deep gratitude,

Dianne Davidson
Chief Executive Officer
Union General Hospital

"Fifty years of healing. Fifty years of hope. Fifty years of heart. And we're just getting started."

- Dianne Davidson, CEO





**Continuing the Mission of Community
Connection with a Warm Welcome to Jenna Hill**

By Claudia Wade, Director of Marketing, Community Development and Grant Management

Over the past few years, I've been blessed with the opportunity to serve Union General Hospital and the people of Union Parish through outreach, education, and meaningful partnerships. Whether it's expanding access to healthcare, creating programs that support youth and families, or collaborating with local organizations, my heart remains fully committed to serving this community.

It has been a full and fulfilling season lately. One recent highlight was being invited to serve as a panelist at the ULM Women's Symposium, where we explored the impact of women in the social sciences and business. Sharing the stage with incredible women was truly empowering. I am so grateful to the Women's Symposium Board for the invitation and the chance to represent Union General Hospital while sharing my story.

I also had the honor of walking the runway at Fashion Fusion 2025, proudly representing Union General Hospital, one of the proud sponsors of the event supporting the Cancer Foundation League. It was a night filled with laughter, energy, and purpose, and I had the best time with my Union General family and dear friends. Thank you to everyone who showed up, supported, and continues to fight for this cause. Together, we truly are making a difference.

As part of this ongoing commitment, Union General Hospital partners with the Cancer Foundation League and the Louisiana Cancer Institute to offer free mammograms to uninsured individuals in Union Parish. This vital initiative is helping us reach women who may not otherwise have access to preventive care, and I am incredibly proud to be part of it.

I am also deeply grateful for our collaboration with the Union Parish High School FFA Department, led by Mrs. Angelia Murphy and Mr. Mark Spradling. Their students designed and built a beautiful activity cart for our Intensive Outpatient Psychiatric Program. This cart will be used to support therapeutic mental health activities, providing meaningful engagement for our patients. It is a powerful example of community, compassion, and creativity coming together to make a real difference.

As our efforts grow, so does our team. I am thrilled to welcome Jenna Hill, our new Community Outreach and Marketing Assistant, to Union General Hospital. Jenna brings warmth, dedication, and a genuine love for people that will strengthen our impact in the community. She will be supporting our outreach programs, helping coordinate events, and ensuring we stay connected to those we serve.

On a personal note, this year holds special meaning for me as my daughter is getting married in August. It fills my heart with joy to watch her step into this new chapter of her life with grace and love. Planning a wedding has been a beautiful reminder of the importance of family, tradition, and cherishing life's sweetest moments.

There is so much to look forward to, and I am truly thankful for every person who walks this journey with us. Welcome, Jenna. Let's continue to make a difference together.

“SERVING THIS COMMUNITY HAS BEEN ONE OF THE GREATEST BLESSINGS OF MY LIFE. WITH EVERY PROJECT, PARTNERSHIP, AND PERSON WE REACH, I'M REMINDED THAT LOVE, COMPASSION, AND CONNECTION TRULY ARE THE HEART OF HEALING.” — CLAUDIA WADE



Sensory Garden Cart at the UGH IOP

by Jenequa Jones

We are thrilled to introduce this new advancement of gardening and a method of bringing outside activities indoors for our patients. We partnered with the Union High School Ag Dept and gave an idea, and they took the opportunity to assess and build an interactive sensory cart that will be used for many fulfilling activities with our patients.

This indoor gardening tool is an asset to the program because as we advance in age, the ability to engage in stimulating activities declines. This resource makes gardening accessible and will offer many therapeutic activities that have numerous physical, emotional, and cognitive benefits.

This sensory cart is an excellent solution for those with mobility issues, allowing seniors to garden without bending or kneeling excessively and allowing them to enjoy sensory stimulation in a calming and comforting way where they can bring their current or past gardening hobbies to fruition. Gardening is a universal hobby that transcends all ages, but it is particularly beneficial for seniors. The use of this cart can promote physical health, reduce stress, boost cognitive stimulation, and facilitate social engagement. Gardening provides low-impact, moderate-intensity exercise that can improve cardiovascular health in seniors as noted in research.



Gardening is a natural stress reliever, encouraging mindfulness and providing a soothing environment. The act of nurturing plants, witnessing their growth, and being part of the rhythm of nature is therapeutic and rewarding. It can bring about feelings of accomplishment and purpose, positively affecting a senior's self-esteem and overall mood. Gardens themselves serve as tranquil, safe spaces that promote relaxation and reduce stress.

Our mission at UGH IOP strives to provide physical, emotional, social, and spiritual care for adult and geriatric patients experiencing emotional and psychological difficulties. This added feature aligns with our mission and helps preserve the patient's dignity and self-esteem.

If you would like to partner with us in continuing this mission or know of someone that could benefit from this amazing resource.

Please contact Jenequa Jones, UGH IOP director, at 318-368-4748 for additional information.





Director of Nurses Darra Jung (Left) and Community Outreach & Marketing Assistant Jenna Eastwood Hill represented the hospital at the Ouachita American Job Center's 2025 Career Expo



Union General Hospital partnered with the Union Parish Library and LSU AgCenter with an event to Kickoff Nutrition Month

Pictured left to right: Aurora Humphries, Union Parish Library; Markaye Russell, LSU AgCenter



Union General Hospital provided snacks for the Union Parish Library's Spark Program. Pictured is dietary director, Brittany Smith



Community Outreach Assistant Jenna Eastwood Hill represented the hospital at the Center for Children and Families Stand for Hope Together event

Left to right: Jiame Brown, Brokers of Hope; Jenna Eastwood Hill; Stephanie Herrmann, Union Parish Library; April Duke, Brokers of Hope; Mary Barrios, Reeves Memorial Medical Center; Stalanda Butcher, The Center for Children and Families



Pictured left to right:
Taylor Smith, Medical Records Director;
Brie Spence, Revenue Cycle Director
Jenna Eastwood Hill, Community Outreach & Marketing Assistant;
Claudia Wade, Director of Marketing, Community Development, and Grant Management
Dianne Davidson, CEO

Union General Hospital sponsored the Cancer Foundation League's Fashion Fusion fundraiser



CEO Dianne Davidson (left) and Union Parish School District Superintendent Dr. Cathy Stockton with Rapid Drug Test kits the hospital donated to the school district



Union General Hospital donated pre-filled eggs to the Town of Farmerville's Willie Davis Recreational Center for the 2025 Egg Hunt. Pictured left to right: Mindy Barrelle, Director of the Willie Davis Recreational Center; and Claudia Wade, Director of Marketing, Community Development, and Grant Management for Union General Hospital.



Union General Hospital collected 309 diapers and 6 packs of wipes for the Brokers of Hope Diapers & Wipes Drive. Pictured left to right: Jiame Brown, Brokers of Hope; Jenna Eastwood Hill, Community Outreach & Marketing Assistant for Union General Hospital; Stephanie Hunter, Brokers of Hope



Brittany Smith, Dietary Director at Union General Hospital, presented on healthy aging to the Domestic Abuse Resistance Team (D.A.R.T.). Pictured left to right: Jacky Hill, D.A.R.T. Director, and Brittany Smith.



We were invited to participate in A Galentine's Talk & Tea, a special event hosted by the Union Parish Library. Pictured left to right: Jakyrannee Phillips, M.A., Founding CEO of BROKEN GIRLS JP, LLC; Stephanie Herrmann, Union Parish Library Director; and Claudia Wade, Director of Marketing, Community Development, and Grant Management for Union General Hospital.



Leaders Advocate for Rural Healthcare at National Policy Institute

CEO Dianne Davidson, COO Amanda Whiddon, and CFO Brad Adcock recently attended the National Rural Health Association's (NRHA) Rural Health Policy Institute in Washington, D.C. This annual event brings together healthcare leaders, policymakers, and advocates to address the unique challenges facing rural hospitals and communities.

During the conference, Davidson, Whiddon, and Adcock engaged in discussions with legislators and industry experts about the pressing issues impacting rural healthcare. Their advocacy efforts aimed to highlight the importance of sustaining and improving healthcare infrastructure in rural areas.

By participating in events like the NRHA Rural Health Policy Institute, our leadership team remains committed to championing policies that protect and enhance rural healthcare, ensuring that all patients have access to quality medical services, regardless of their location.



CEO Dianne Davidson poses with Mike Huckabee

Union General Hospital Participates in Community Partnerships Event

Director of Marketing, Community Development and Grant Management Claudia Wade attended the 2025 Blue Cross Blue Shield of Louisiana Foundation Annual Partner Convening. The event brought together a wide range of organizations focused on improving health outcomes across the state.

The agenda included networking opportunities, updates from partner organizations, a presentation from the Louisiana Department of Health, and discussions around collaboration and available resources. The event was designed to support organizations working to address the social determinants of health in Louisiana communities.

Wade joined other nonprofit, healthcare, and community partners to share insights, learn about new initiatives, and explore opportunities for future collaboration.

Union General Hospital is committed to looking for ways to strengthen community health through partnerships and shared efforts.



Left to right: Claudia Wade; Michael Tipton, President of BCBSFL; Toshia Lang, Development Officer, Saint Francis Medical Center Foundation



Left to right: Chloe Wiley, Initiatives Program Manager, BCBSFL; Claudia Wade; Amie Caskey, Director of Development & Advocacy, Girl Scouts of Louisiana Pines to the Gulf

UNION GENERAL FOUNDATION

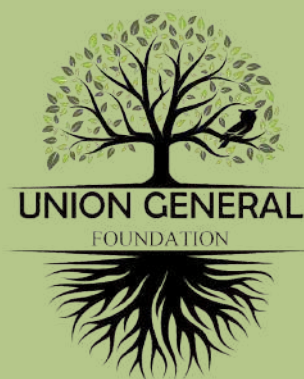


Board Members pictured from left to right: Thomas "Tuffy" Fields; Tim Tettleton; Judy Read, President Dianne Davidson, Union General Hospital CEO; Mary Kay Lee; Robert Ray Taylor, Executive Director
Not pictured: Patsie Pearson, Vice-President; Bessie Warren, Secretary/Treasurer; Evalyn Ormond; Alice Bailey.

HEALING OUR COMMUNITY TOGETHER

The Union General Foundation plays a vital role in ensuring Union General Hospital continues to provide exceptional care to Union Parish.

If you would like to make a donation to the Union General Foundation, please mail it to:
901 James Avenue, Farmerville, LA 71241.
Donations may be made in honor or in memory of a loved one.



It's A Girl Thing. Making Proud Choices!

February

Empowering Young Women: It's a Girl Thing – Making Proud Choices!

Since its founding in September 2013, It's a Girl Thing: Making Proud Choices has continued to grow into one of Union General Hospital's most impactful programs for teen girls in Union Parish. Through education, empowerment, and community engagement, this initiative helps girls in grades 6 through 12 make informed, confident decisions about their health and future.

Over the past three months, the program has offered a variety of dynamic sessions and events focused on building self-worth, promoting wellness, and fostering leadership.

January 27th: Empowered to Choose Health for Myself With a lively Mardi Gras theme, this fun and informative evening emphasized personal responsibility and healthy decision-making. Girls enjoyed games, food, and fellowship while learning that taking care of their physical and emotional health is an act of empowerment.

January



Let the good choices roll!



Glow up: Self love and confidence edition

February 24th: Glow Up – Self-Love & Confidence Edition Guest speaker Morgan Arenó, MA, PLPC, led a powerful session on self-love, mental health, and self-acceptance. The discussion reminded girls of their inherent worth and the importance of building confidence from within. Food boxes were provided to qualifying participants in partnership with the Northeast Louisiana Food Bank.

March 31st: Nourish & Thrive – Nutrition Essentials for Girls Focused on the foundations of healthy eating, this session helped participants understand the role of nutrition in physical and mental well-being. With support from the Food Bank of Northeast Louisiana, food boxes were again made available.

March



Nourish and Thrive

In addition to these monthly meetings, It's a Girl Thing proudly sponsored the first-ever Masquerade Ball hosted by the Union Parish Library Youth Council on February 22nd. The semi-formal, Greek Deity-inspired evening brought together teens ages 13–19 for a night of dancing and celebration. Many of our IAGT members are actively involved in Library programs, which continue to play a significant role in their personal and academic growth.

We are deeply grateful to all the guest speakers, mentors, families, and community supporters who make this program possible. Your involvement and encouragement are helping shape the next generation of strong, informed, and resilient young women.

With your continued support, we look forward to inspiring even more young lives in the months ahead.

Claudia Wade Director of Marketing, Community Development & Grant Management Director, It's a Girl Thing: Making Proud Choices Union General Hospital

Learn more or enroll today by visiting www.uniongen.org or calling 318-368-9751. Let's make a difference together!



It's A Girl Thing, Making Proud Choices sponsored the Union Parish Library's Masquerade Ball. Left to Right: Claudia Wade, Ava Patterson, and Kimberley Courson

Upcoming Meetings

April 28 >>>>> 5 pm

May 19 >>>>> 5 pm

June 30 >>>>> 5 pm



It's a girl thing

YOUR VOICE, YOUR POWER

A A



A m e

A m e
A m f f 7

A ●

Union General Hospital Conference Room
901 James Avenue
Farmerville, LA 71241

Girls 6-12th grade need guardian consent to attend.

(318) 368-9751 Ext. 7821
jhill@uniongen.org

Food boxes will be made available to qualifying program participants after the meeting. A parent or guardian must fill out an application for eligibility.





Scholarship Opportunity

It's A Girl Thing, Making Proud Choices is excited to announce our 2025 Scholarship of \$1,000 that is to be awarded to one high school Senior girl!

- ✓ Must be Senior attending high school in Union Parish
- ✓ Must have 3.0 or higher GPA
- ✓ Must have attendance record at Union General's It's A Girl Thing, Making Proud Choices Program
- ✓ Must plan to attend 2-4 year college or technical college in the medical field



CWADE@UNIONGEN.ORG

[HTTPS://WWW.UNIONGEN.ORG/COMMUNITY/](https://www.uniongen.org/community/)

**Application Deadline:
April 30, 2025, by 4:00 PM**



CELEBRATING 50 YEARS OF SERVICE TO UNION PARISH

By Jenna Eastwood Hill, Community Outreach and Marketing Assistant



Governor Edwin Edwards, Rep. Louise Johnson, and others cut the ribbon, officially opening Union General Hospital

Sunday, April 6, 1975 at 2:00 in the afternoon, Governor Edwin Edwards cut the ribbon to officially open the new Union General Hospital after it had been in development for four years. This was no small affair, with over 2,000 people in attendance for the ceremony and performances by the Farmerville Highschool band, and the American Legion.

The new hospital boasted private rooms, each with an Enviro-Care Center which allowed for individual heating and air conditioning controls, and patient controls for calling nurses and raising and lowering beds. At the time of opening, Union General Hospital was one of two hospitals in the state that used such a system.

It was also noted that the hospital had an onsite laundry room, kitchen, and pharmacy with a full time pharmacist on staff, which was unusual for a hospital of this size. The hospital employed 54 people, only a third of the number of staff employed today.

On Monday, April 7, Mr. John E. Hicks was admitted as the first patient, and by Wednesday a total of 6 people had been admitted .

Although much has changed since 1975, the mission of the hospital remains the same. "The objective of Union General Hospital is to provide quality patient care to the people of this area" hospital administrator Tom McCarty is quoted as saying in a Gazette article about the hospital opening, "Union Parish has much to be proud of in this facility." For fifty years, Union General Hospital has been dedicated to providing the community quality service with compassionate care.

"Union Parish has much to be proud of in this facility."

**-Tom D. McCarty
Union General Hospital
Administrator. 1975**

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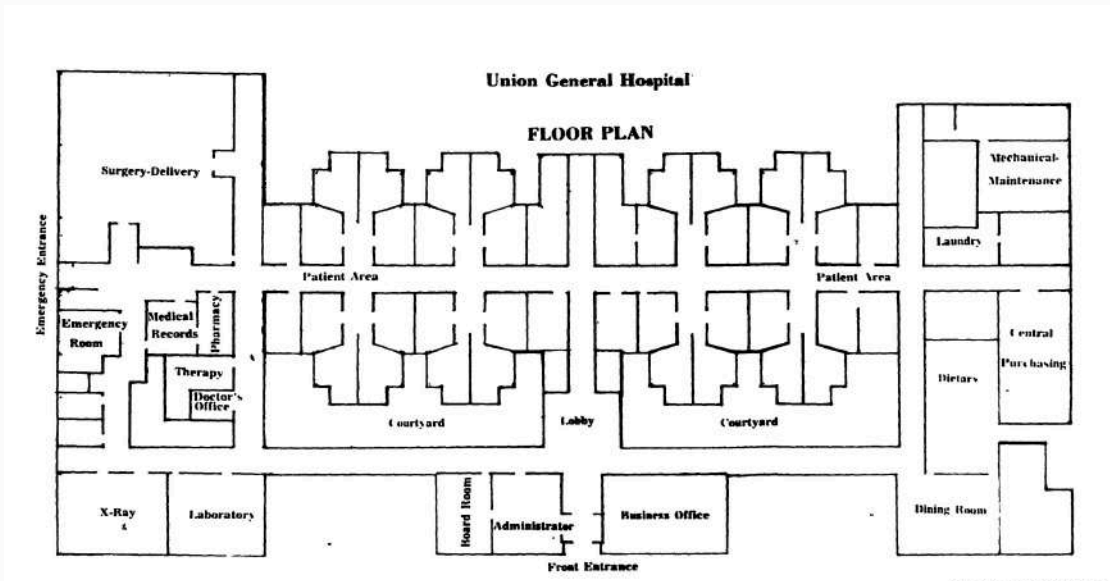
The Gazette

10¢
PER COPY

"Be Just And Fear Not"
FARMERVILLE, LOUISIANA, THURSDAY April 16, 1975

Number 45

Gov. Edwards officially opens Union General Hospital Sun.



CONGRATULATIONS

Union General Hospital

Thank you for allowing us to assist
in providing the citizens of Union
Parish an outstanding new medical
facility-----

 **Ruston Office Supply Company, Inc.**
119 NORTH TRINITY STREET RUSTON, LOUISIANA 71272

Congratulations

UNION GENERAL HOSPITAL

On The Dedication Of One Of The Finest
Medical Facilities In North Louisiana

We Are Proud To Have Served You As General Contractor

Jesse F. Heard & Sons, Inc.
General Contractor

UNION GENERAL HOSPITAL PRESENTS HOSPITAL WEEK



May 12

- Disco Dress up day
- Lunch sponsored by Legacy
- Candy Bar of 70s candies
- Disco Dance Off 2pm

May 13

- Hippie Dress up day
- Funnel Cake Truck sponsored by Paramount Healthcare Solutions
- Hula Hoop Contest 2pm

May 14

- Retro Scrubs Dress up day
- Coke floats 2pm
- Twister 2pm

May 15

- Rock-n-Roll Dress up Day
- Egg McMuffin Breakfast
- "Finish that Song" 2pm

May 16

- T-shirt Day
- Lunch Catered by UGH
- Trivia

50 YEARS OF HEART, HOPE, & HEALING

PROVIDING QUALITY SERVICE WITH COMPASSIONATE CARE

PATIENT COMMENTS

Here are some of the heartfelt comments from our patients, expressing their gratitude and experiences with our dedicated healthcare team.

- Would like to acknowledge all of the nurses and doctors. They were excellent.
- Theresa Moon and Teresa Delrio were very nice. She saved my life.
- Keep up the great work. The CNAs and Nurses all showed care and respect. I would like to acknowledge Georgia Bragg
- Doctor and nurses were extremely kind and informative. Staff responded quickly. Everything was perfect at Union General Hospital. What I liked best was the kindness everyone showed me and my family, and the professionalism shown by the entire staff. Staff made sure I received the very best care. I would like to acknowledge Dr. Venters and the entire staff - they were able to diagnose my illness when no one else could
- Everyone was extremely kind!
- They did such a great job I can't think of anyway to be served better
- All staff was wonderful and professional. All attended to my needs and went above and beyond to care for me. Great team, Great ER too! Food was Great! Wendy Hodge, Mitch, Tammy, Kaneisha, Georgia, Anna, Theresa, Wanda, Jessie, Tammy Anderson all went above and beyond to care for me. Jessie helped us get a new walker and equipment for home. Thank you to Housekeeping for the get well card.
- Great day staff. Would like to knowledge Georgia, Justin, Shereka, Jessie, Jamie, Savannah, Tamarian, Ladeidra, and all therapy. Very attentive and nice.
- This is the best place I have ever been in. They have treated me like GOLD here. I have been well taken care of here!"

Therapy Comments

- Wonderful staff and therapy!
- This was an excellent experience as always. The staff is phenomenal and makes the experience way more enjoyable. Love these guys and love these stretches too.

“

My husband got excellent care last May 2024 in ER. He has been coming for several months off and on to get lab work. Everyone does a great job, they are so kind, friendly, and show that they enjoy their work! Kerensa has been very helpful and the ladies Mylika & Nikki are great at their jobs, always cheerful and kind. This means a lot to elderly people. Courtney and Cheyanne are great too. They are always patient and kind to us. They do a good job. We are thankful for all these Healthcare People!





HEALTHCARE HEROES

Hunter Halley- On Friday, February 7, 2025, Purchasing encountered an upset delivery driver who was being rude and loud. Hunter came outside and stayed with them until the man finally left, angry and refusing to deliver the packages. Later, after purchasing had already left for the day, the driver was made to return and left the packages at the back door. Hunter brought them all inside to ensure they were safe. He went above and beyond, even at the end of his workday and on the weekend.

Brad Adcock - Brad is always willing to help find a solution to any problem that comes his way. His dependable and problem-solving attitude makes a difference every day.

Justin Gough - Justin took the initiative to clean out and reorganize the Nursing Storage Closet, making it more functional and accessible for everyone.

On Sunday morning, March 9, 2025, after the time change, Justin took it upon himself to go room by room and update every clock to reflect the new time. He also ensured that all clocks had fresh batteries. A thoughtful and proactive gesture that didn't go unnoticed!

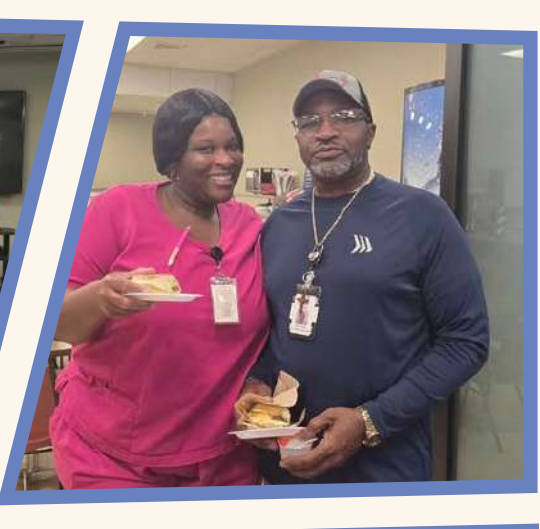
Wanda Lonon and Anna Langley - Wanda and Anna did an outstanding job speaking with representatives from the Living Well Foundation about the new bladder scanner purchased through their grant. They did so with no prior notice or preparation and handled it with professionalism and grace. Excellent work!

Kaitlin Caskey - Kaitlin consistently steps up to help in Registration whenever needed, ensuring everything runs smoothly. Her willingness to support the team makes her a true Healthcare Hero.





EMPLOYEE APPRECIATION



THANK YOU!


UNION GENERAL
RURAL HEALTH CLINIC

KREWE OF D'ARBONNE MARDI GRAS PARADE





Feeling LUCKY

TO HAVE THE STAFF AT
UNION GENERAL
HOSPITAL!



≡ Welcome ≡ To the team!



Jason Wyles – Radiology
Sindy Zeron – Registration
Tyler Neal – HR
Jolie Harrison – Therapy
LaTia Woods – Therapy
Marissa Buttone – Dietetic Intern



Georgia Bragg - CNA
Nancy Hargraves - RN-PRN
Amber Bowman - COTA
Morgan Walker - COTA



Porchia Ross - Registration
Anna Jones - Dietetic Intern
Elise Cranford - Physical Therapy - PRN
Chase Murphy RN - PRN
Nikki Ozon - Registration
Jenna Hill - Community Outreach & Marketing
Karli Jenkins - Speech Therapy Student
Avery Spangler - Speech Therapy Student

YOUR HEALTH IS OUR PRIORITY

ENDOSCOPY SERVICES

- COLONOSCOPY SCREENINGS - INCLUDING BIOPSIES, POLYPECTOMIES
- GASTROSCOPY - INCLUDING BIOPSIES
- ESOPHAGEAL DILATION

CALL DARRA JUNG, RN
Director of Nurses



**UNION
GENERAL**
HOSPITAL



For more information & to schedule
an appointment: 318-368-9751
901 James Avenue
Farmerville, LA 71241

Clarence Butch Dunn Jr., M.D.
Gastroenterology

www.uniongen.org

Prayer for Employees, Visitors, and Patients



Heavenly Father,

We thank You for the gift of healing, hope, and compassion that flows through Union General Hospital. Bless our patients with comfort and strength, our employees with wisdom and endurance, and our families with peace and understanding. Surround our community with Your grace, and guide us all to serve with love, kindness, and unity.

Amen.

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.” – Philippians 4:6

Thank You, Claiborne Electric Cooperative



Union General Hospital is grateful to Claiborne Electric Cooperative for their generous grant toward the purchase of a new training mannequin. This support strengthens our nursing education and ensures continued excellence in patient care. We appreciate their commitment to our community's health!

SHORT-TERM REHABILITATION



Swing Bed



Jessie McLelland, RN
Director of Case Management Utilization Review
318-368-6503





Carrot Cake Bars

SERVINGS: 9

By Kelly Nardo

Ingredients

- 1 cup flour or 1:1 gluten free flour
- 2 teaspoons cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon nutmeg
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1 medium brown banana
- 1 large egg
- 1/4 cup + 2 tablespoons milk
- 2 tablespoons coconut oil (softened/melted)
- 2 tablespoons maple syrup
- 2 teaspoons vanilla extract
- 1 heaping cup finely shredded carrots
- 1/4 cup raisins – optional
- 1/2 cup walnuts, roughly chopped – optional

For the frosting:

- 3/4 cups full-fat plain greek yogurt
- 1 tablespoon maple syrup
- 1/4 teaspoon vanilla extract

Directions

- Preheat oven to 350 degrees Fahrenheit. Grease an 8×8 pan with a little ghee/butter/oil.
- Mix your dry ingredients. Add your flour, cinnamon, ginger, nutmeg, baking soda, baking powder, and salt in a medium bowl and whisk to combine.
- Mix your wet ingredients. In a separate medium-large bowl, mash your banana until smooth. If needed, melt your oil. Add your egg, milk, melted oil, maple syrup, and vanilla extract and mix well to combine. Add your dry mixture to your wet mixture and mix well. Stir in carrots, raisins, and walnuts.
- Bake. Pour the carrot cake batter into your prepared baking dish and bake for 28-32 minutes until a toothpick comes out clean. Let cool.
- While the bars bake, make your frosting. Add greek yogurt, maple syrup, and vanilla extract to a medium bowl and whisk to combine. Place in the fridge to let the frosting chill until the carrot cake bars cool.
- Frost bars. Once the bars are cooled, add frosting and evenly spread it over the bars. I like to sprinkle a little cinnamon on top. Place in the fridge for 10 minutes to let chill.
- Enjoy! Slice into 9 pieces and enjoy!

Are you wondering about your child's Speech and Language Development?

GIVE US A CALL TO SCHEDULE
A FREE SCREENING
(318) 368-7092



Why Choose
Union General
Speech and
Language
Therapy

Whole-Child
Centered

Respected in the
Community

FOLLOW US

ADDRESS
901 James Avenue
Farmerville, LA 71241

OPEN HOURS
Monday through
Friday, 8am – 5pm



www.uniongen.org



April Birthdays

- Josie Thompson 4/09
- Cynthia Branch 4/15
- Connie Booth 4/21
- Amanda Whiddon 4/25
- Sandra Traylor 4/26
- Dianne Davidson 4/27

May Birthdays

- Shereka Grigsby 5/01
- Nancy Hargraves 5/01
- Hannah Harris 5/03
- Justin Gough 5/09
- Kaitlin Caskey 5/10
- Keisha Shelbon 5/20
- Alistine Cummings 5/31




June Birthdays

- Kristi May 6/03
- Callie Nutt 6/07
- Ginger Barkley 6/12
- Mitchell Jones 6/17
- Sandra Carnes 6/20
- Kimmerling, Kourtney 6/21
- Komocka Brewster 6/22
- Brent Albritton 6/24
- Susan Holman 6/25
- Melanie Pearson 6/26

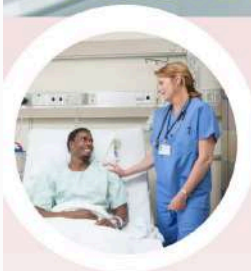
PROVIDING QUALITY SERVICE WITH COMPASSIONATE CARE



 (318) 368-9751

www.uniongen.org

**WE TAKE CARE OF
YOUR HEALTH**



Union General Rural Health Clinic
1025 Marion Hwy, Farmerville, LA 71241
(318) 368-9745



**Physical Occupational and Speech Therapy
for Pediatrics and Adults**
901 James Ave, Farmerville, LA 71241
(318) 368-7092



Geriatric Psychiatry Outpatient Program (IOP)
761 James Ave, Farmerville, LA 71241
(318) 368-4748

OUR SERVICES

- Inpatient Services
- Short Term Rehabilitation Program
- 24-Hour Physician Staffed Emergency Room
- Laboratory + Blood Bank
- Radiology/CT Scan
- 3D Mammograms/Ultrasound
- Respiratory Therapy
- Endoscopy Services
- Medicaid Enrollment
- KidMed
- Telepsychiatry

Community Programs

Adolescent Health

- * It's a Girl Thing, Making Proud Choices (Teen STD/HIV Pregnancy Prevention, Annual Scholarship)
- * Anti Bullying/Suicide Prevention
- * Teen Drug and Alcohol Prevention



- * Breast Cancer Prevention in partnership with the Louisiana Cancer Foundation and the Cancer Foundation League
- * Colorectal Cancer Prevention
- * Heart Disease and Diabetes Prevention
- * Nutrition Education Program in Partnership with LSU AgCenter.



Dianne Davidson, CEO



901 James Avenue, Farmerville, LA 71241



UNION GENERAL RURAL HEALTH CLINIC

BACK-TO-SCHOOL VACCINATIONS

CALL TODAY
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Health Awareness and Education: Key Dates to Remember in April, May, and June

April 2025:

- National Public Health Week (April 1–7, 2025)
- Occupational Therapy Month
- Autism Awareness Month
- National Child Abuse Prevention Month

May 2025:

- Mental Health Awareness Month
- Stroke Awareness Month
- National Nurses Week (May 6–12)

June 2025:

- Wound Care Awareness Month: Highlighting the significance of proper wound management and recognizing the efforts of our wound care team.
- Men's Health Month: Focusing on encouraging men to prioritize their health through regular check-ups and healthy lifestyle choices.

Mind & Body Fun Page

🧠 Mind & Body Word Scramble

Unscramble the health-related words below:

LSETRS – (Hint: mental pressure)

OKREST – (Hint: act FAST!)

ACERR – (Hint: a wound might leave this)

OOMD – (Hint: your emotional state)

TSYRMPO – (Hint: what to watch for in a stroke)

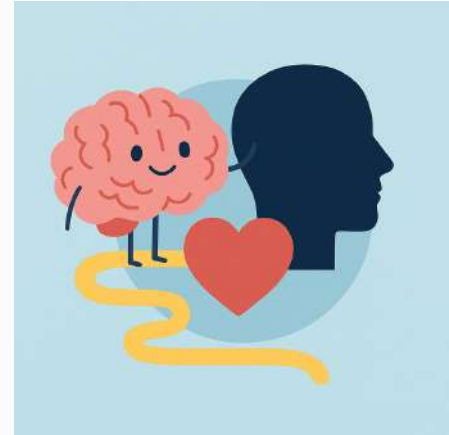
EARHCETLO – (Hint: found in your blood)

ESMUCL – (Hint: men, keep these strong!)

TINEAETP – (Hint: someone we care for)

KSWAL – (Hint: great low-impact exercise)

NRCESSUNEE – (Hint: don't forget the SPF!)



✅ True or False? Test Your Health Smarts!

1. T / F – High blood pressure can increase your risk for stroke.
2. T / F – Men are more likely to avoid going to the doctor than women.
3. T / F – Wounds should always be cleaned and covered, even minor ones.
4. T / F – Mental health has no effect on your physical health.
5. T / F – Recognizing stroke symptoms quickly can save a life.

📌 Answers:

1. Stress
2. Stroke
3. Scar
4. Mood
5. Symptoms
6. Cholesterol
7. Muscle
8. Patient
9. Walks
10. Sunscreen

T/F: 1. T 2. T 3. T 4. F 5. T



2025-2026

**BACKPACK &
SCHOOL SUPPLY
GIVEAWAY**

**for UGH employees' children
and legal dependents**

**TURN IN SCHOOL SUPPLY FORMS TO
JENNA EASTWOOD HILL**

DUE MAY 1, 2025

SPONSORED BY DIANNE DAVIDSON, CEO

For more information, contact
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